



INTRODUCTION

Overall purpose of these modules: *To improve off leash control, have dogs working confidently at a distance, increase speed in agility & introduce flygility*

Module	What is it?	Why do it?
1. Send-away	Dog learns to rush out to item or obstacle on command.	Improves dog's confidence, increases speed, improves off leash control, improves distance work
2. Recall / Restrained recall	Getting your dog to come back to you reliably and quickly when called.	Improves dog's confidence, increases speed, improves off leash control, improves distance work
3. Target training	Dog hits a small target with feet on command.	Needed for flygility. Useful for teaching tricks, and also can be used for contact training for agility.
4. Focus / Ball motivation	Transfers dog's focus away from food in handler's hand, to instead focus on an object or item at a distance.	Improves safety and skill in negotiating obstacles as dog learns to look ahead instead of back at handler. Improves dog's confidence, increases speed and improves distance work
5. Flyball Box	Transfers target training to the flyball box so dog will trigger the pedal on the box independently. Eventually combined with the send-away.	Needed for flygility. Provides a way of training dog to work at distance and get reward without handler being present – this improves drive and motivation to work at speed away from handler.
6. Retrieve	Done with a tennis ball or other item, thrown or placed at a distance from the dog. The dog learns to rush out at speed to the item and bring it back to handler.	Needed for flygility. A useful skill in general and makes it easier to use toys in other training without having to go get them yourself! Can improve obedience retrieve speed.
7. Lead out	Uses a 'wait' command to allow handler to move out from dog, followed by recalling the dog over obstacles. Related to the restrained recall.	Improves dog's confidence, increases speed, improves off leash control, improves distance work
8. Other gear & putting it together	Learning the rest of the gear and combining the other modules leads to a dog being able to run flygility.	Flygility is fun and past-paced, and uses little equipment. The jumps are at lower height and dogs can compete from 12 months of age. The courses are simple and require little fitness or handling skill. Competitions are run once each month.